# The M'Cheyne Bible Reading Journal

## A Free Sample

The plan explained and the first week of January.
Four readings a day through the whole Bible in a year.

Common Meter Press

Free to print for personal and church use.



THE M'CHEYNE

# *Bible Reading Journal*

*A year through the whole Bible*
*in four daily readings*

Name: _____

Year: _____

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# About This Plan

Robert Murray M'Cheyne (1813–1843) was a minister of the Church of Scotland who served St Peter's Church in Dundee. He died before his thirtieth birthday, yet his preaching, letters, and prayerful life have encouraged Christians for generations.

In 1842 he gave his congregation a calendar for reading the Bible through in a year. Each day has four readings from four different parts of Scripture. Over the year you read the Old Testament once and the New Testament and the Psalms twice.

M'Cheyne arranged the readings in two pairs. The first two, the **family** readings, were meant for household worship. The second two, the **secret** readings, were meant for private devotion. Because the pairs run through different books at the same time, you are never far from the Gospels, the Psalms, the prophets, or the letters.

He also hoped a whole church would read the same passages each day. Families, friends, and congregations could pray over the same promises and talk together about what they had read.

# How to Use This Journal

**Read, then write a little.** Each day's page lists the four readings with checkboxes. Note what stood out to you, then turn it into prayer. A few honest lines are enough.

**Pray the passage.** M'Cheyne encouraged believers to turn what they read into prayer, asking God to make the words true in their own lives.

**Too much at once?** Read only the family readings this year and the secret readings next year. You will still read the whole Bible in two years.

**If you fall behind,** do not try to catch up all at once. Pick up with today's date and make up missed readings as you have time. In a leap year, use February 29 to catch up.

**Use the trackers.** The monthly pages show every reading in the month. Check them off as you go, or use them to plan ahead.

**Any translation works.** Start on January 1 or on any day of the year.

# My Reading Year

I began on: _____

Reading with: _____

**WHY I WANT TO READ THE WHOLE BIBLE THIS YEAR**

**WHAT I AM ASKING GOD TO DO IN ME**

**PEOPLE I WILL PRAY FOR AS I READ**

# January

READING TRACKER

| Day | Family | Secret |
|---|---|---|
| **1** | ☐ Gen 1 ☐ Matt 1 | ☐ Ezra 1 ☐ Acts 1 |
| **2** | ☐ Gen 2 ☐ Matt 2 | ☐ Ezra 2 ☐ Acts 2 |
| **3** | ☐ Gen 3 ☐ Matt 3 | ☐ Ezra 3 ☐ Acts 3 |
| **4** | ☐ Gen 4 ☐ Matt 4 | ☐ Ezra 4 ☐ Acts 4 |
| **5** | ☐ Gen 5 ☐ Matt 5 | ☐ Ezra 5 ☐ Acts 5 |
| **6** | ☐ Gen 6 ☐ Matt 6 | ☐ Ezra 6 ☐ Acts 6 |
| **7** | ☐ Gen 7 ☐ Matt 7 | ☐ Ezra 7 ☐ Acts 7 |
| **8** | ☐ Gen 8 ☐ Matt 8 | ☐ Ezra 8 ☐ Acts 8 |
| **9** | ☐ Gen 9–10 ☐ Matt 9 | ☐ Ezra 9 ☐ Acts 9 |
| **10** | ☐ Gen 11 ☐ Matt 10 | ☐ Ezra 10 ☐ Acts 10 |
| **11** | ☐ Gen 12 ☐ Matt 11 | ☐ Neh 1 ☐ Acts 11 |
| **12** | ☐ Gen 13 ☐ Matt 12 | ☐ Neh 2 ☐ Acts 12 |
| **13** | ☐ Gen 14 ☐ Matt 13 | ☐ Neh 3 ☐ Acts 13 |
| **14** | ☐ Gen 15 ☐ Matt 14 | ☐ Neh 4 ☐ Acts 14 |
| **15** | ☐ Gen 16 ☐ Matt 15 | ☐ Neh 5 ☐ Acts 15 |
| **16** | ☐ Gen 17 ☐ Matt 16 | ☐ Neh 6 ☐ Acts 16 |
| **17** | ☐ Gen 18 ☐ Matt 17 | ☐ Neh 7 ☐ Acts 17 |
| **18** | ☐ Gen 19 ☐ Matt 18 | ☐ Neh 8 ☐ Acts 18 |
| **19** | ☐ Gen 20 ☐ Matt 19 | ☐ Neh 9 ☐ Acts 19 |
| **20** | ☐ Gen 21 ☐ Matt 20 | ☐ Neh 10 ☐ Acts 20 |
| **21** | ☐ Gen 22 ☐ Matt 21 | ☐ Neh 11 ☐ Acts 21 |
| **22** | ☐ Gen 23 ☐ Matt 22 | ☐ Neh 12 ☐ Acts 22 |
| **23** | ☐ Gen 24 ☐ Matt 23 | ☐ Neh 13 ☐ Acts 23 |
| **24** | ☐ Gen 25 ☐ Matt 24 | ☐ Esth 1 ☐ Acts 24 |
| **25** | ☐ Gen 26 ☐ Matt 25 | ☐ Esth 2 ☐ Acts 25 |
| **26** | ☐ Gen 27 ☐ Matt 26 | ☐ Esth 3 ☐ Acts 26 |
| **27** | ☐ Gen 28 ☐ Matt 27 | ☐ Esth 4 ☐ Acts 27 |
| **28** | ☐ Gen 29 ☐ Matt 28 | ☐ Esth 5 ☐ Acts 28 |
| **29** | ☐ Gen 30 ☐ Mark 1 | ☐ Esth 6 ☐ Rom 1 |
| **30** | ☐ Gen 31 ☐ Mark 2 | ☐ Esth 7 ☐ Rom 2 |
| **31** | ☐ Gen 32 ☐ Mark 3 | ☐ Esth 8 ☐ Rom 3 |

# January 1

DAY 1 OF 365

| | | |
|---|---|---|
| FAMILY | ☐ Genesis 1 | ☐ Matthew 1 |
| SECRET | ☐ Ezra 1 | ☐ Acts 1 |

WHAT STOOD OUT TO ME

TURN IT INTO PRAYER

# January 2

DAY 2 OF 365

| | | |
|---|---|---|
| FAMILY | ☐ Genesis 2 | ☐ Matthew 2 |
| SECRET | ☐ Ezra 2 | ☐ Acts 2 |

WHAT STOOD OUT TO ME

TURN IT INTO PRAYER

# January 3

DAY 3 OF 365

| | | |
|---|---|---|
| FAMILY | ☐ Genesis 3 | ☐ Matthew 3 |
| SECRET | ☐ Ezra 3 | ☐ Acts 3 |

WHAT STOOD OUT TO ME

TURN IT INTO PRAYER

# January 4

DAY 4 OF 365

| | | |
|---|---|---|
| FAMILY | ☐ Genesis 4 | ☐ Matthew 4 |
| SECRET | ☐ Ezra 4 | ☐ Acts 4 |

WHAT STOOD OUT TO ME

TURN IT INTO PRAYER

# January 5

DAY 5 OF 365

| | | |
|---|---|---|
| FAMILY | ☐ Genesis 5 | ☐ Matthew 5 |
| SECRET | ☐ Ezra 5 | ☐ Acts 5 |

WHAT STOOD OUT TO ME

TURN IT INTO PRAYER

# January 6

DAY 6 OF 365

| | | |
|---|---|---|
| FAMILY | ☐ Genesis 6 | ☐ Matthew 6 |
| SECRET | ☐ Ezra 6 | ☐ Acts 6 |

WHAT STOOD OUT TO ME

TURN IT INTO PRAYER

# January 7

DAY 7 OF 365

| | | |
|---|---|---|
| FAMILY | ☐ Genesis 7 | ☐ Matthew 7 |
| SECRET | ☐ Ezra 7 | ☐ Acts 7 |

WHAT STOOD OUT TO ME

TURN IT INTO PRAYER

# Keep reading all year

The full journal has a page for all 365 days,
monthly trackers, and the complete plan.

Look for The M'Cheyne Bible Reading Journal
by Common Meter Press on Amazon.
384 pages, six by nine inches.