Proverbs in Cursive

A Free Five-Day Sample

Read it, trace it, write it, and think about it.
Five days of King James Proverbs for young cursive writers.

Common Meter Press
Free to print for home and classroom use.

For Parents and Teachers

One proverb a day. Proverbs has 31 chapters, so many families read the chapter that matches the day of the month. This workbook follows that rhythm with one verse or short passage from each chapter.

Each day has four steps. *Read it* aloud together. *Trace it* in gray on the handwriting guides. *Write it* on the facing page. Then *think about it* with the question at the bottom.

Start with the letters. Before Day 1, spend a few sessions on the lowercase and uppercase letter pages and the joining practice.

Keep sessions short. Ten to fifteen focused minutes beats a long, tired session. If a passage is long, split it across two days.

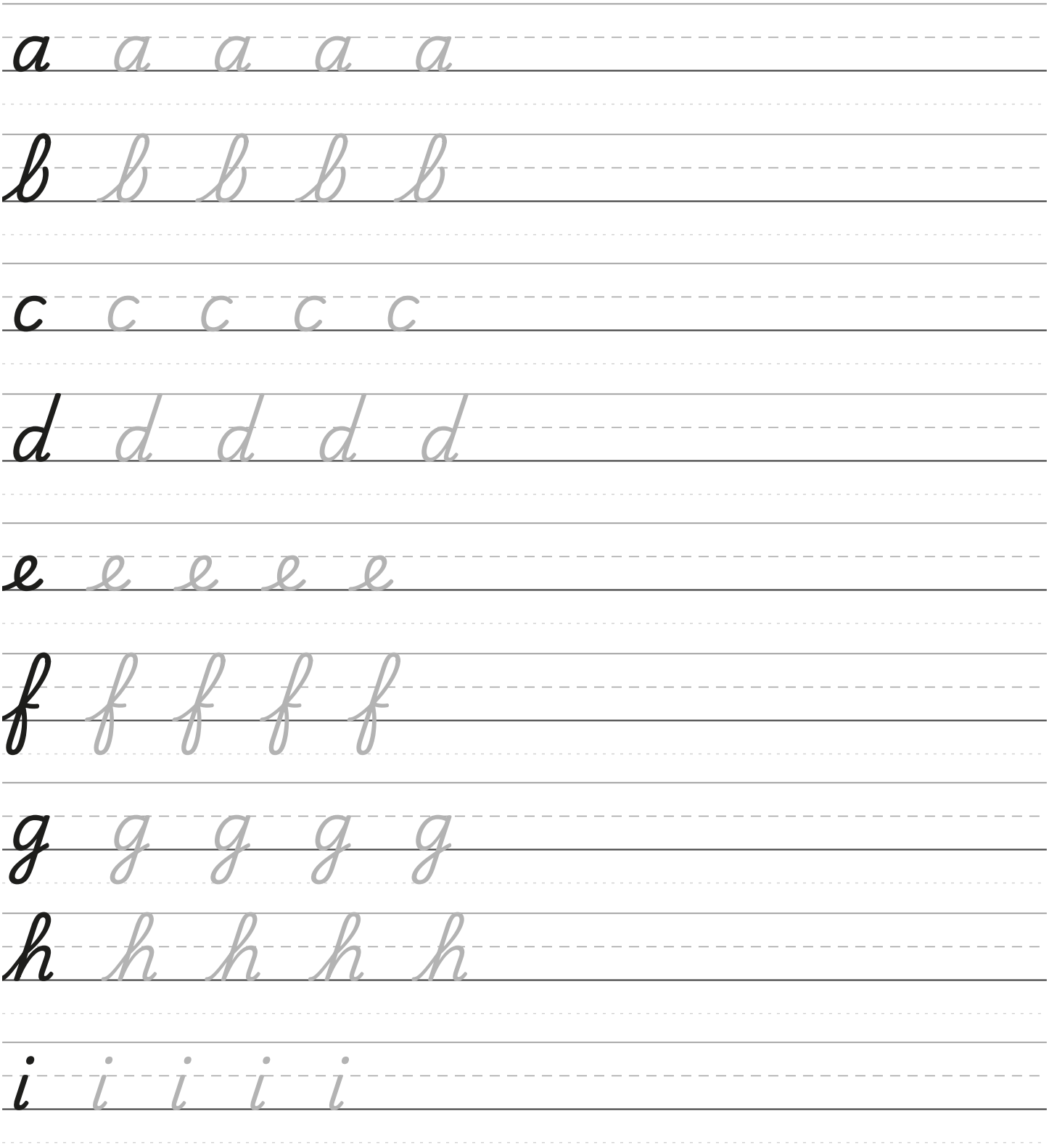
Watch the basics. Feet flat, paper tilted, a relaxed pencil grip, and letters that sit on the solid baseline. Tall letters reach the top line. Small letters touch the dashed midline.

About LORD in capitals. The King James Bible prints LORD in capital letters where the Hebrew text uses God's covenant name. This workbook keeps that spelling, which also gives extra practice with capital letters.

Praise effort. Compare the name sample at the front of the book with the one at the end. Progress is the goal, not perfection.

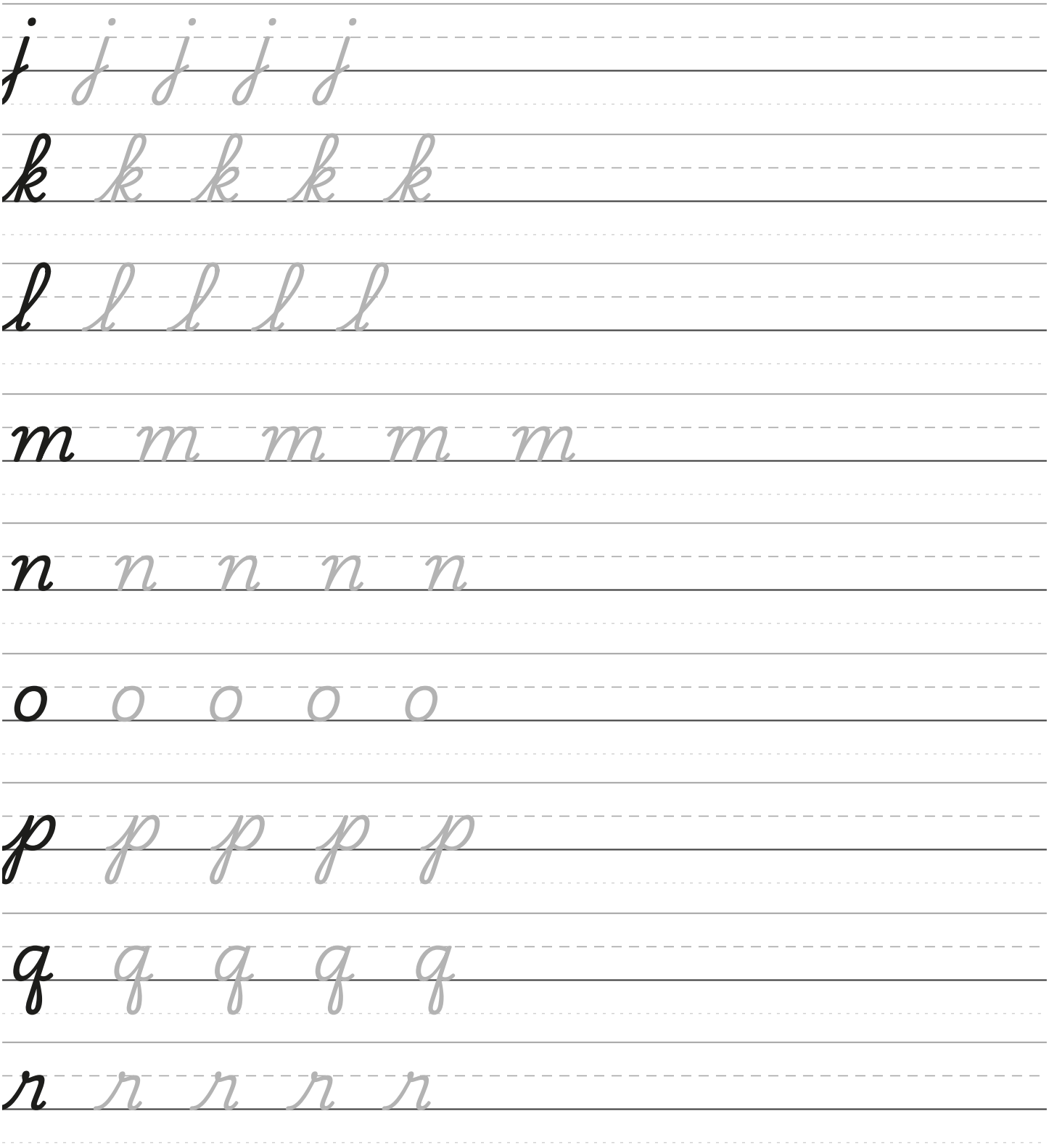
Lowercase Letters

Trace the gray letters, then write the letter on your own in the space at the end of each line.



Lowercase Letters

Trace the gray letters, then write the letter on your own in the space at the end of each line.



Joining Letters

Cursive letters hold hands. Trace these short words and feel how each letter flows into the next.

an in on us it up

be me we do go so

the and you was his

love joy hope kind

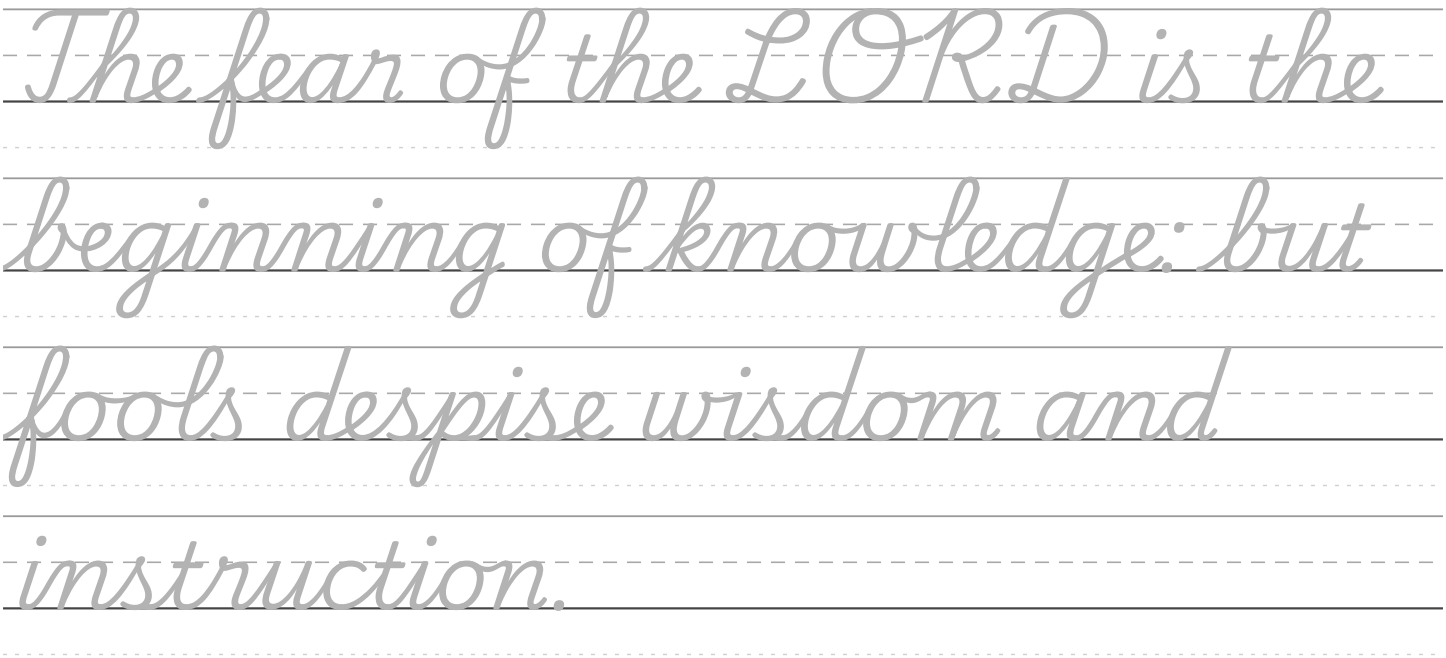
God Lord Jesus Bible

wise heart truth friend

READ IT

The fear of the LORD is the beginning of knowledge: but fools despise wisdom and instruction.

TRACE IT



NOW YOU TRY

WRITE IT ON YOUR OWN

THINK ABOUT IT

What is the beginning of knowledge? How can you learn from God this week?

READ IT

For the LORD giveth wisdom: out of his mouth cometh knowledge and understanding.

TRACE IT

For the LORD giveth wisdom: out of his mouth cometh knowledge and understanding.

NOW YOU TRY

WRITE IT ON YOUR OWN

THINK ABOUT IT

Where does wisdom come from? Who can you ask when something is hard to understand?

READ IT

Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.

TRACE IT

Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.

NOW YOU TRY

WRITE IT ON YOUR OWN

THINK ABOUT IT

What does it look like to trust God with all your heart?

Day 4

PROVERBS 4:23

READ IT

Keep thy heart with all diligence; for out of it are the issues of life.

TRACE IT

Keep thy heart with all diligence; for out of it are the issues of life.

NOW YOU TRY

Day 4

PROVERBS 4:23

WRITE IT ON YOUR OWN

THINK ABOUT IT

Why do you think our hearts need to be guarded?

Day 5

PROVERBS 5:21

READ IT

For the ways of man are before the eyes of the LORD, and he pondereth all his goings.

TRACE IT

For the ways of man are before the eyes of the LORD, and he pondereth all his goings.

NOW YOU TRY

WRITE IT ON YOUR OWN

THINK ABOUT IT

God sees all our ways. How does that help us choose what is right?

Keep going for thirty-one days

The full workbook has one proverb for every day of the month,
uppercase letter practice, and a certificate to finish.

Look for Proverbs in Cursive by Common Meter Press on Amazon.
74 pages, eight and a half by eleven inches.